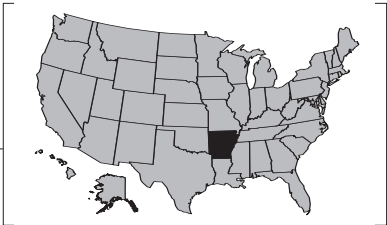


The National Survey of Children's Health

Overweight and Physical Activity Among Children:
A Portrait of States and the Nation 2005



Arkansas

All statistics are based on parental reports.

	National %	State %
Percent of children who are overweight	14.8	16.4
Age 10-11	21.9	26.6
Age 12-14	14.4	13.8
Age 15-17	10.7	13.4
0-99% Federal poverty level	22.4	16.1
100-199% Federal poverty level	19.0	20.5
200-399% Federal poverty level	13.7	15.3
400% Federal poverty level or more	9.1	13.7
Male	18.1	22.2
Female	11.5	10.8
Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week	71.3	71.9
Age 10-11	78.2	80.6
Age 12-14	74.2	74.7
Age 15-17	63.3	63.2
Male	76.8	79.0
Female	65.6	65.3
Percent of children who were on a sports team or took sports lessons during the past 12 months	58.6	59.0
Age 10-11	61.5	58.7
Age 12-14	61.6	60.5
Age 15-17	53.4	57.4
Male	62.1	64.4
Female	55.0	54.0
Percent of children with at least one parent who exercises regularly	72.9	72.4